

Itinerary

Heart of Borneo tour 5D/4N

DAY & Date	Time	ACTIVITY	PLACE	DECRPTION	TECHNICAL INFORMATION
D-1 26/Jul/08	Morning flight	Jakarta - Pontianak		by Garuda Airline	Consider earlier flight schedule
		Lunch	Pontianak Airport Resto		Indonesian Menu
	1.50 pm - 3.00 pm	Flight Pontianak - Putussibau	Putussibau, the capital of the district of Kapuas Hulu, is located East of Pontianak - West Kalimantan.	By regular flight, capacity 42 passengers	WWF Pontianak staff will reserve ticket for the group in advance
	3.00 pm - 5.30 pm	Pick-up airport, Travel and visit longhouse	Putussibau Airport	Travel to the longhouse by Bus	Rent Bus
		Traditional Ceremony. The local will welcome you with warm and hospitality in a welcoming ceremony. Traditional wine and cookies will be served.	In a longhouse of Taman tribe	Welcome ceremony and cultural activities is a part of character of Taman people, WWF Supporter could learn about what is the Taman people, their history, cultural and art performance, their daily activities, learn about their music and and also WWF Supporter could get involved in their daily activities for example participant plant a couple of local trees around the longhouse or get involved in ladang or kebun activities (<i>rubber trees</i>)	Rent Bus. No picture without permission from the local
07.00 pm - on ward	Dinner, free time and stay		In a longhouse of Taman tribe		Sleeping bag is required. Local Dayak Menu
D-2	7.00am - 8.00 am	Preparation and breakfast	In a longhouse of Taman tribe		Indonesia Menu : Nasi Goreng, Telor, irisan tomat/timun, krupuk

27/Jul/08	8.00am - 12.00 am	Land Journey to Mataso	Mataso - Sungai Embaloh	Along the journey we can see several types of activity from the local people, for this time is harvesting activity, we can stop to see and join with local people in their ladang to finish padi harvest	Lunch at the restaurant in Mataso
	12.00am - 3.00 pm	River Journey - lunch en-route		The Embaloh River will be followed to reach Betung Kerihun National Park by using longboats from the Mataso Village. Brave and skilled motorist will drive the longboat through some small rapids.	Hat, sunblock is required. Lifejacket is prepared by KOMPAKH. Rent wooden longboat from the local people and permit from Balai TNBK (Simaksi)
	3.00pm - 5.00 pm	Trekking	Taman Nasional Betung Kerihun National Park (BKNP)	Explore the BKNP by trekking. Sense the warm of tropical rain forest and see the landscapes, canopy, water, wild animals. Explore the track of the orangutan. In this area, there are available tower to explore rainforest from sky high. WWF Supporter will be accompanied by two or more national park ranger, we could explore about national park, how they work, challenge, treath and so on.	rainforest boot, raincoat, hat, binocular, biodiversity guidance book
	5.00 pm -	Dinner, free time & rest	Flyine tent	Overnight at Flying tent, B,L,D	Cooking : dried & canned food (Nasi putih, sarden, dadar telur, kentang goreng, oseng-oseng sayur)

D-3	7.00 am - 9.00am	Preparation and breakfast	Tent		
28-Jul-08	9.00 am - 11.00pm	River Journey (down stream Embaloh river)	BKNP, Embaloh River		rent longboat from the local
	11.00 pm - 1.00 pm	Land Journey to Lanjak	Northern road to nation border	The trip continues to the Danau Sentarum National Park by Bus. On the way we can see abandoned dry rice field, traditional fruits garden, longhouse of Iban Tribe	Rent bus in capacity of 25 passengers.
	1.00 pm - 2.00 pm	Lunch	Small town of Lanjak		at restaurant in Lanjak
	2.00 pm - 4.30 pm	Lake Journey with Bandung boat to reach Tekenang village	Travel Lanjak - Tekenang	From a small town of Lanjak, the Bandung boat cruises in a calm lake to reach Tekenang village. Along the journey we can see small villages that constructed on Sentarum lake, Wetlands, wooden boat, wildlife, and fishermen's livelihood.	Rent Bandung in 30 passengers
	03.30 - 5.00 pm	check in to the inn and explore Tekenang	Danau Sentarum, popular also with the name "The Paradise of Fauna"	Swimming in the biggest swimming pool in the world, pedaling a wooden boat to have a sun set	Free program
	5.00pm -on ward	Unpacking, dinner and rest	Tekenang Village : Overnight at Tekenang (research centre/fishermen's house/ Bandong)	WWF Supporter could learn about Danau Sentarum National Park, the rich biodiversity, the challenge, and the conservation management,	Indonesia/Local Menu : Rice, traditional fish menu (salai/smoke fish, Balor/ salty fish), baked toman, fresh vegetable, chili
	D-4	7.00 - 9.00 am	Preparation and breakfast	Tekenang Village	

29/Jul/08	9.00 - 11.00	View the overall Danau Sentarum landscape form the high point	Highland	Count a hundred small islands that are stand in the middle of a big lake (View Danau Sentarum and watch some birds and proboscis monkey from a high point)	Rent houseboat
	11.00 am- 12.00 am	Lunch	Tekenang	Explore hundred islands separated in a lake of 123.000 ha. See the local people activity around Danau Sentarum NP	Overnight in Tekenang highland.
	12.00am - 01.25 pm	Travel Bukit Tekenang - Suhaid	Danau Sentarum and Kapuas river	Explore social-economic situation of local people during the trip, the most hot issue is blue tend, newest modus operandi of illegal logging activities	Rent Speedboat (speedboat is only for 3 passengers each). Lunch on the way
	01.40 pm -on ward	Travel Suhaid-Sintang - Pontianak		Stop Over in Bukit Kelam	Rent Bus. Dinner on the way
D-5	7:00 AM	Check in to the hotel, rest and breakfast	Pontianak		
30/Jul/08		Pontianak City Tour	Shopping, Dayak Museum, Equatorial Monument	If lucky, the participants (WWF Supporters) will witness the rare moment of zero point (no shadow) in equatorial line. It happens only twice in a year, and one of them is around 20-23 March	
		Lunch			
	Afternoon Flight	Back to Jakarta		by Garuda Airline	

Itinerary subjects to change, considering local condition, safety and comfort.